



## WEEK 1: JULY 10 PAUL - PREPARE

SCRIPTURE MEMORY: 1 COR 9:24-27 DO YOU NOT KNOW THAT IN A RACE ALL THE RUNNERS RUN, BUT ONLY ONE RECEIVES THE PRIZE? SO RUN THAT YOU MAY OBTAIN IT. EVERY ATHLETE EXERCISES SELF-CONTROL IN ALL THINGS. THEY DO IT TO RECEIVE A PERISHABLE WREATH, BUT WE AN IMPERISHABLE. SO I DO NOT RUN AIMLESSLY; I DO NOT BOX AS ONE BEATING THE AIR. BUT I DISCIPLINE MY BODY AND KEEP IT UNDER CONTROL, LEST AFTER PREACHING TO OTHERS I MYSELF SHOULD BE DISQUALIFIED.

STORY - PAUL PREPARED TO RUN THE RACE OF FAITH. (ACTS 9:1-18, GALATIANS 1:11-24) PREPARING IS GETTING READY FOR WHAT GOD HAS FOR YOU IN THE RACE - WAITING, PRAYING, LISTENING, STUDYING HIS WORD, LIVING IN GOD'S FAMILY, AND BEING OBEIENT. BE PREPARED AND READY FOR WHATEVER GOD HAS FOR YOU! WE KNOW THAT WE ARE RUNNING TO GAIN AN ETERNAL REWARD!

### SMALL GROUP QUESTION -

CAN YOU THINK OF A TIME WHEN YOU PREPARED REALLY WELL FOR SOMETHING? HOW DID IT FEEL? WHAT ABOUT A TIME YOU WEREN'T PREPARED? HOW WAS THAT DIFFERENT? I WONDER WHAT GOD MIGHT BE PREPARING YOU FOR?

CHALLENGE: RETELL THE STORY TO YOUR FAMILY OR TO A FRIEND

SEE HOW MANY PUSH UPS YOU CAN DO AS A FAMILY IN ONE MINUTE!