



## WEEK 4: JULY 31 ABIGAIL - PERCEPTION

SCRIPTURE MEMORY: 1 SAMUEL 25:32  
AND DAVID SAID TO ABIGAIL, "BLESSED BE THE LORD, THE GOD OF ISRAEL,  
WHO SENT YOU THIS DAY TO MEET ME!"

STORY: 1 SAMUEL CHAPTER 25  
WHILE DAVID IS ON THE RUN FROM SAUL AND CAMPED OUT IN THE  
DESERT, HE SENDS A FRIENDLY AND RESPECTFUL REQUEST TO A RICH  
MAN NAMED NABAL FOR SOME PROVISIONS (WHICH NABAL COULD  
CERTAINLY HAVE PROVIDED). DAVID AND HIS MEN ARE TREATED RUDELY  
BY NABAL. IN ANGER, DAVID IS ABOUT TO SEEK REVENGE FOR THIS  
INSULT BUT BECAUSE OF THE QUICK ACTIONS OF ABIGAIL, THE FOOLISH  
MAN'S WIFE, NABAL'S FAMILY IS SPARED AND DAVID HIMSELF IS  
PREVENTED FROM ACTING IN A WAY THAT HE WOULD HAVE REGRETTED.  
ABIGAIL PERCEIVED THE DANGER ON MANY LEVELS AND WORKED QUICKLY  
TO BRING THE SITUATION TO A GOOD CONCLUSION.

### TALK ABOUT IT:

TELL ABOUT A TIME WHEN YOU SAW SOMEONE ACT WISELY AND WELL IN A  
DIFFICULT SITUATION BECAUSE THEY SAW RIGHTLY. CAN YOU THINK OF  
EXAMPLES IN THE GOSPELS WHERE JESUS SEES A PERSON DIFFERENTLY  
FROM EVERYONE ELSE? WHAT'S EXCITING ABOUT THAT? SPEND SOME  
TIME ASKING GOD TO HELP YOU GET BETTER AT SEEING PEOPLE AND  
SITUATIONS THE WAY HE DOES. HOW MIGHT THAT CHANGE YOU AS A  
PERSON? WHAT ABOUT THE OTHER PERSON OR THE SITUATION?  
(OVER)

## CHALLENGE:

WHO IN YOUR FAMILY IS GOING TO RUN THE RACE IN BUTZES PARK ON AUGUST 28? THIS WEEK THERE ARE 2 CHALLENGES!

1. FIND AT LEAST ONE PERSON TO SPONSOR YOU
2. GO OUT AS A FAMILY ONE NIGHT THIS WEEK AND TRY RUNNING THE DISTANCE - 1 KM OR 1 MILE